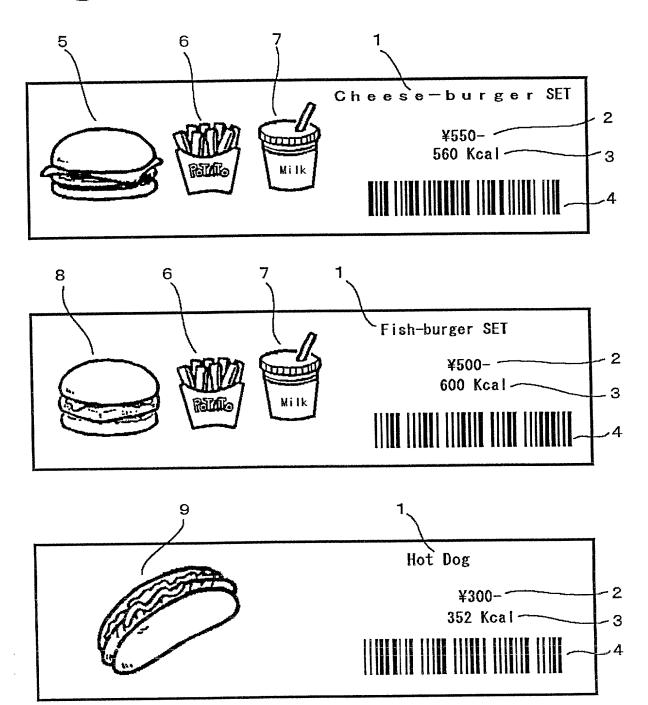
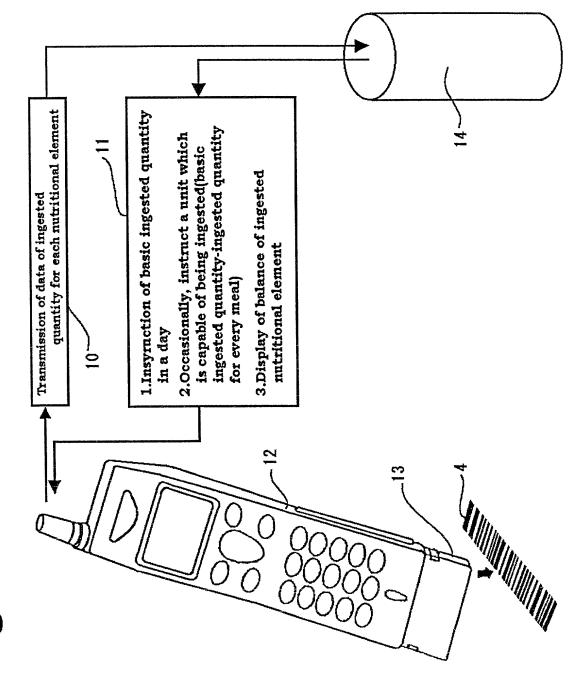
Fig. 1

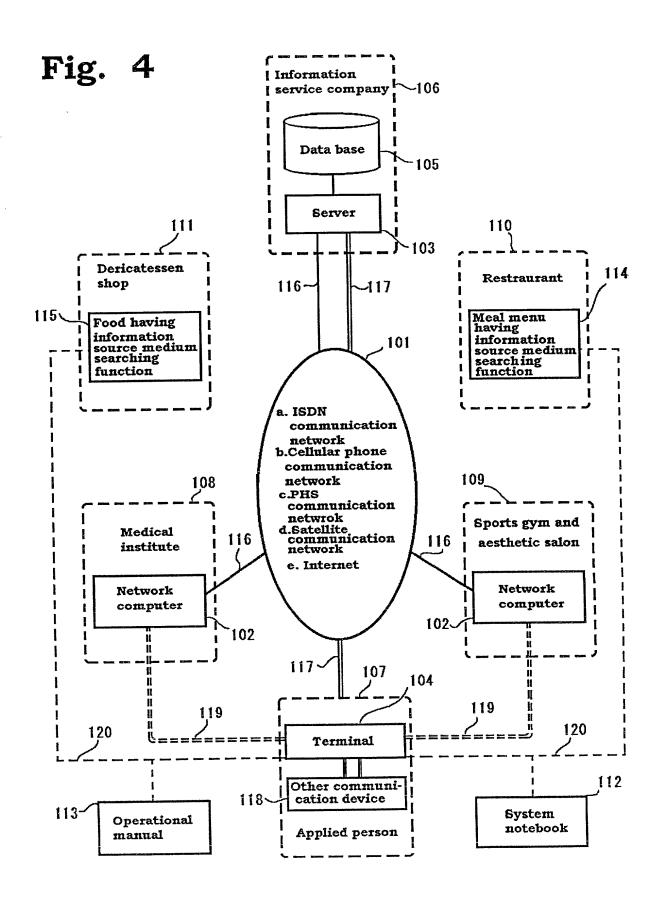


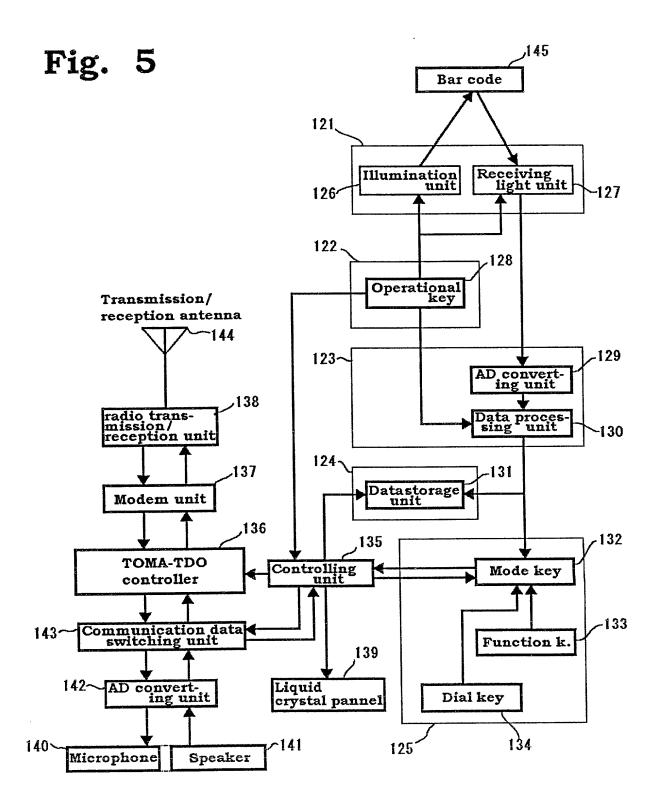
| Foodstuff/<br>Nutritional<br>Element | Nutritional<br>Element 1 | Nutritional<br>Element 2 | Nutritional<br>Element 3 | Nutritional<br>Element 4 | Nutritional<br>Element 5 | Nutritional<br>Element 6 |
|--------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| A. Bread                             | 2.0 units                |                          |                          |                          |                          |                          |
| B. Potato                            | 0,9 units                |                          |                          |                          |                          |                          |
| C. Ground<br>Beef                    |                          |                          | 2.0 units                |                          |                          |                          |
| D. Cheese                            |                          |                          | 0.2 units                |                          |                          |                          |
| e. Mik                               |                          |                          |                          | 1.4 units                |                          |                          |
| F: Salad Oil                         |                          |                          |                          |                          | 0.4 units                |                          |
| G. Lettuce                           |                          |                          |                          |                          |                          | 0.1 units                |
| TOTAL                                |                          |                          |                          |                          | 7.0 units (560Kcal)      | 560Kcal)                 |

Nutritional elements 1 to 6 included in foodstuff A to G are described with 80 Kcal as a unit.

Fig. 3







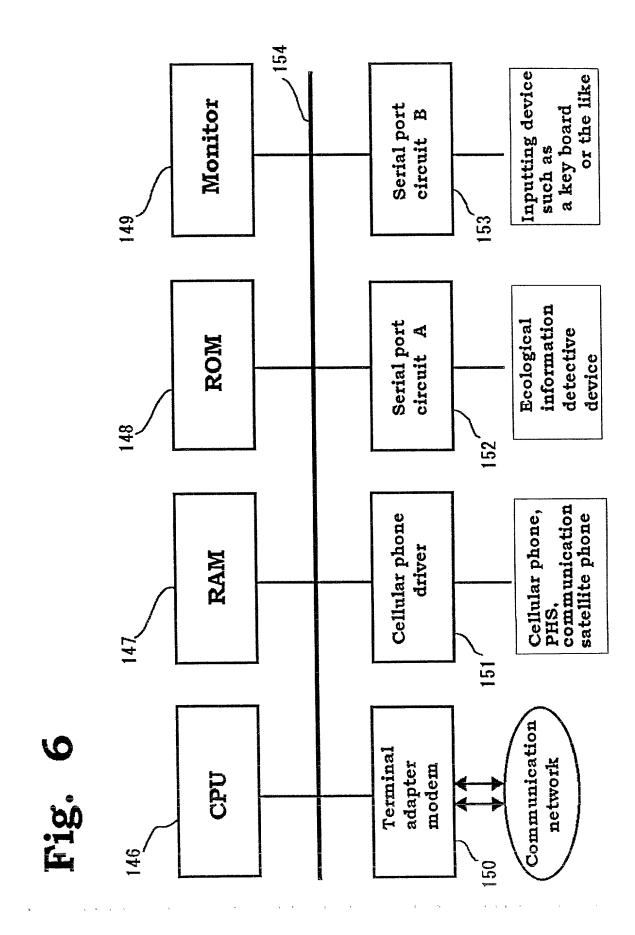
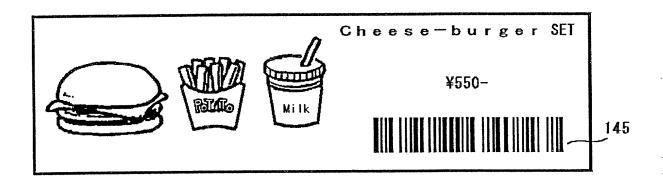
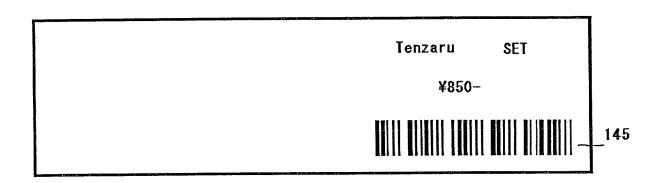
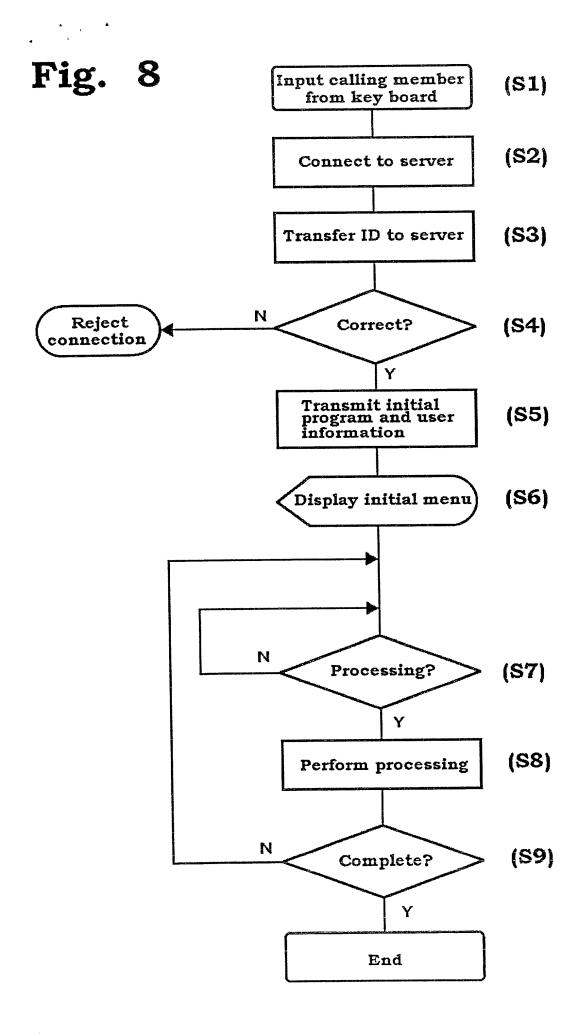


Fig. 7







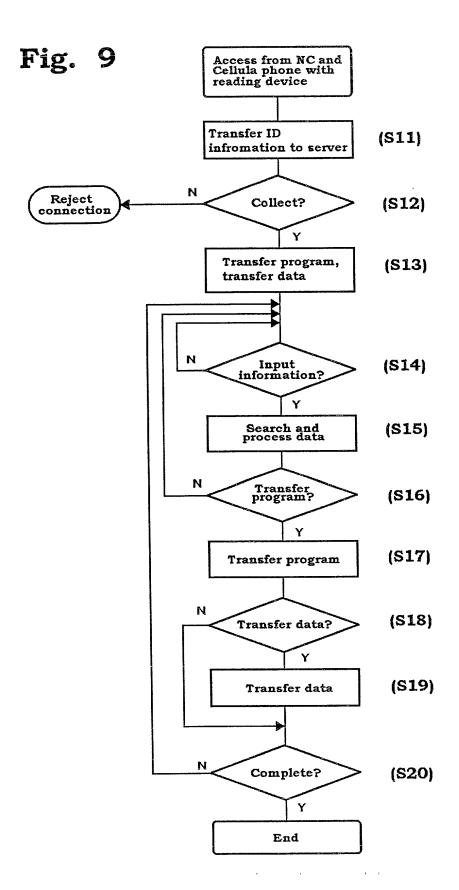


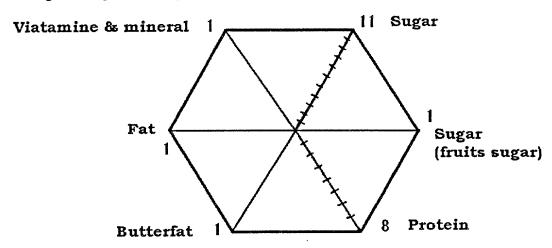
Fig. 10

| ITEM                                       | SUGAR | SUGAR<br>(Fruits Sugar) | PROTEIN | SUGAR SUGAR PROTEIN BUTTERFAT | FAT | VITAMINE & MINERAL |
|--|-------|-------------------------|---------|-------------------------------|-----|--------------------|
| Ingest quantity<br>by breakfast            | 3.0   | 1                       | 1.0     | 1 2                           | 0.2 | 0.2                |
| Ingest quantity<br>by lunch                | 3.0   | 2<br>4<br>1             | 3.0     |                               | 0.3 | 0.3                |
| Ingest quantity by<br>between meal & snack | 1.0   | 1.0                     |         | 1.0                           | E E | 6<br>8<br>8        |
| Ingest quantity<br>by supper               | 4.0   | 1                       | 4.0     | 2<br>8<br>8                   | 0.5 | 0.5                |
| TOTAL                                      | 11.0  | 1.0                     | 8.0     | 1.0                           | 1.0 | J.o                |

\* Ingested calorie quantity in a day is determined as 1,800 Kcal (23 units)

\* Numerical value is described with 80 Kcal as a unit

#### A. Initial data (ingested quantity in a day)



#### B. Data at lunch

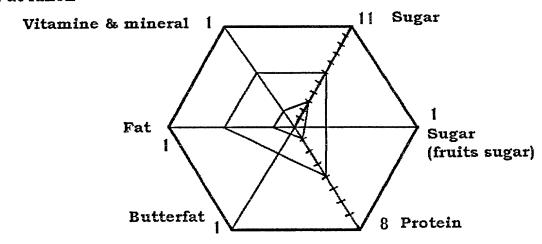


Fig. 12

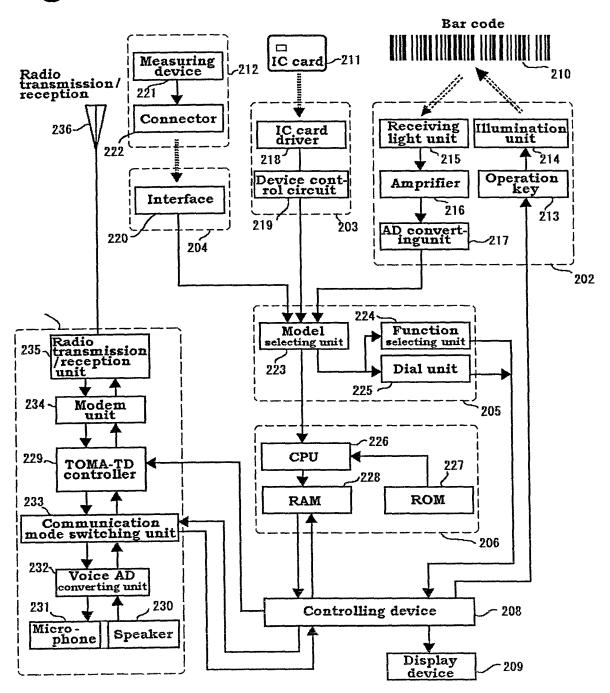
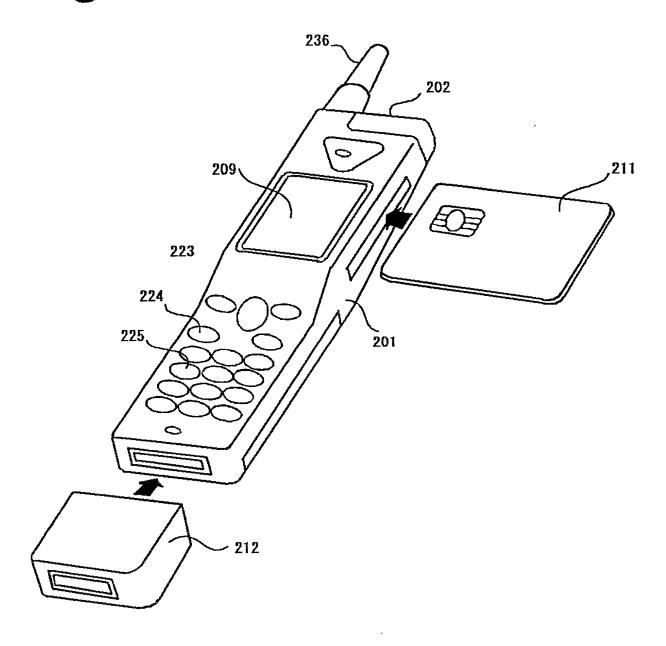
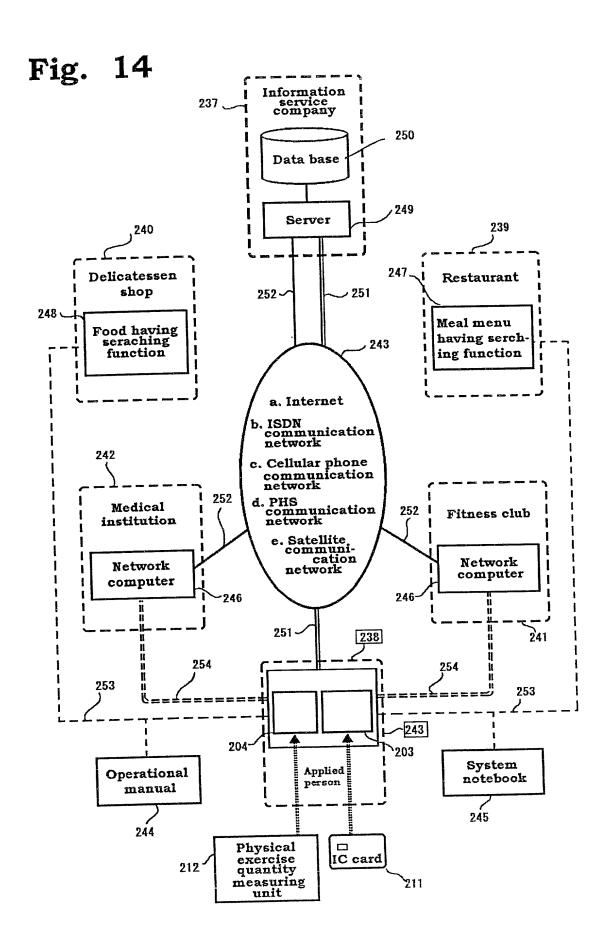


Fig. 13





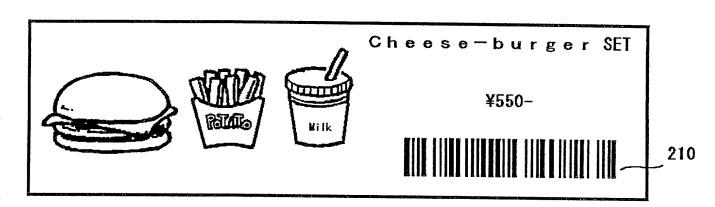


Table 1, lunch (energy quantity for each nutritional element of cheese-burger set)

| 귀                   | 2               | 교               |
|---------------------|-----------------|-----------------|
| TOTAL               | 8.5<br>units    | 680<br>Kcal     |
| VITAMINE<br>MINERAL | 0.2             | 16              |
| FAT                 | 6.0             | 24              |
| BUTTER<br>FAT       | 1.5             | 120             |
| PROTEIN             | 2.0             | 160             |
| FRUITS<br>SUGAR     | B<br>Š          | 7 4             |
| SUGAR               | 4.5             | 360             |
| ITEM                | INGEST QUANTITY | energy quantity |

Table 2, ingested quantity in a day (breakfast has been ingested, as lunch, cheese-burger is ingested, supper is not ingested)

| ITEM                              | SUGAR | FRUITS<br>SUGAR | PROTEIN | BUTTER<br>FAT | FAT | VITAMINE<br>MINERAL | TOTAL         |
|-----------------------------------|-------|-----------------|---------|---------------|-----|---------------------|---------------|
| Ingest quantity<br>by breakfast   | 3.0   | 1 1             | 1.0     | i e           | 0.2 | 0.2 4.4 un          | 4.4<br>units  |
| Ingest quantity<br>by lunch       | 4.5   | i               | 2.0     | 1.5           | 0.3 | 0.2                 | 8.5<br>units  |
| quantity which<br>can be ingested | 4.5   | 0'1             | 3.5     |               | 0.5 | 9'0                 | 10.1<br>units |
| Ingest quantity<br>in a day       | 12.0  | 1.0             | 6,5     | 1.5           | 1.0 | 1.0                 | 23.0<br>units |

- Calorie quantity whichapplied person can ingest is determined as 800 Kcal (23 units).
- Numerical value of ingested quantity described with 80 Kcal as a unit.

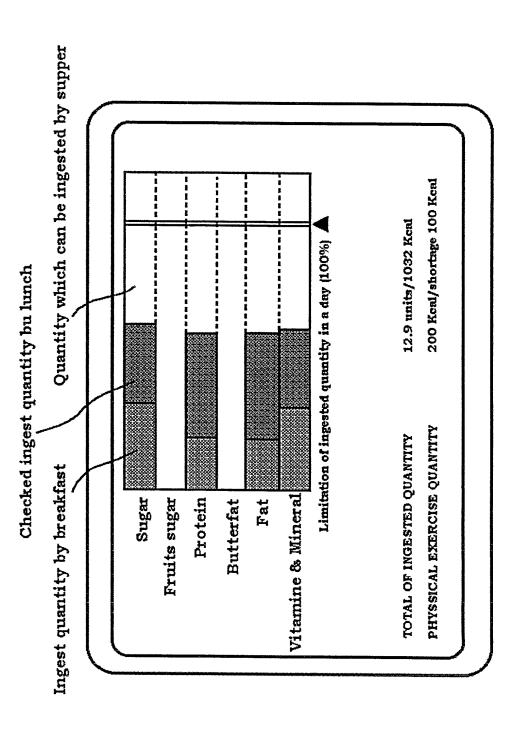


Fig. 18

